

Loudoun OB/GYN  
Colposcopy Instructions

- Please note, the risk for complications increase significantly for patients who have chlamydia, gonorrhea and other sexually transmitted diseases. If there is a possibility that you have contracted an STD please contact the office and speak with the nurse to schedule STD testing prior to colposcopy.
- Note, colposcopy will need to be rescheduled if you are on your period.
- Following the procedure it is normal to have mild cramping and bleeding. Take ibuprofen for cramping (if you are allergic to ibuprofen take Tylenol instead). Contact the office immediately if you experience heavy bleeding, pelvic pain, fever or chills.
- Avoid sexual intercourse, tampons, tub baths and swimming for one week following colposcopy.